



### Press Meeting 29 August 2006 二零零六年八月二十九日新聞發佈會

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# HIV – routes of transmission 愛滋病病毒的傳播途徑

Sexual: heterosexual or homosexual
 性接觸:異性或同性

• Blood-borne: injecting drug use, contaminated blood/organ/needles

血液接觸:藥物注射,受污染的血液/器官/針

Mother-to-child母嬰傳染

# Window period 空窗期

• The time period between contracting HIV and testing positive for HIV antibody, is usually to be 3 months.

從感染了愛滋病病毒至愛滋病病毒抗體測試呈陽性反應的期間,一般情況為三個月。

## HIV Reporting System in Hong Kong 香港的愛滋病病毒感染個案呈報系統

#### Major fields of information 主要資料:

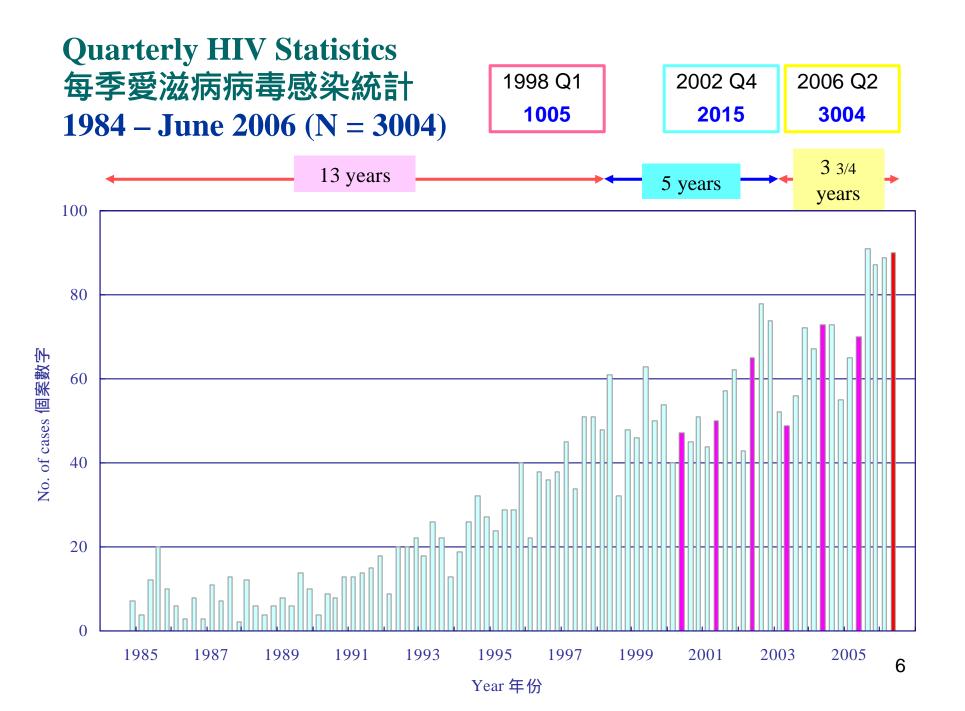
- Gender 性別
- Ethnicity (Chinese -Y/N)族裔
- Age (Adult -Y/N) 年齡組別
- Source of reports 呈報來源
- Progression to AIDS 發病(愛滋病)
- Route of transmission 傳播途徑
- Suspected place of infection 估計感染地區

A voluntary system 自願系統

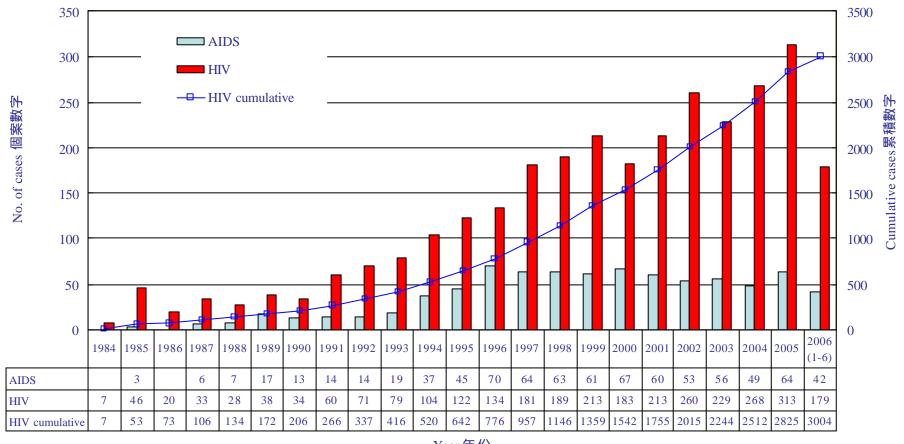
#### Source of reports 呈報來源:

- Physicians 醫生
- Confirmatory laboratories 確認測試化驗室

1984 - first HIV case diagnosed 一九八四年發現首例愛滋病病毒感染



#### Annual HIV/AIDS Statistics 香港每年愛滋病病毒感染及愛滋病統計 1984 – June 2006, Hong Kong (N=3004/824)



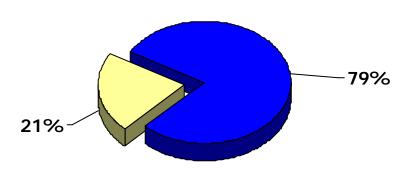
Year年份

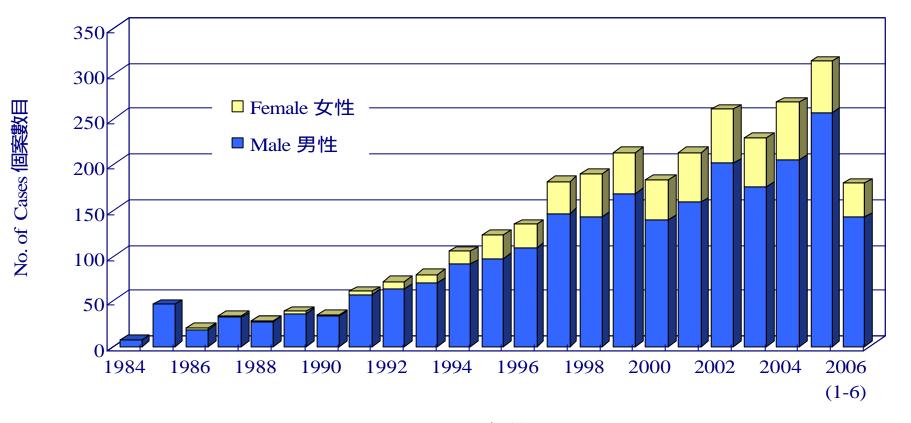
**Gender of reported HIV infection** 

感染愛滋病病毒人士之性別分佈

1984 – June 2006 ( N = 3004 )



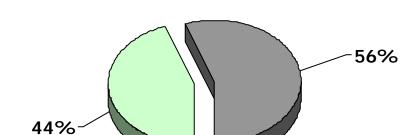




Year 年份

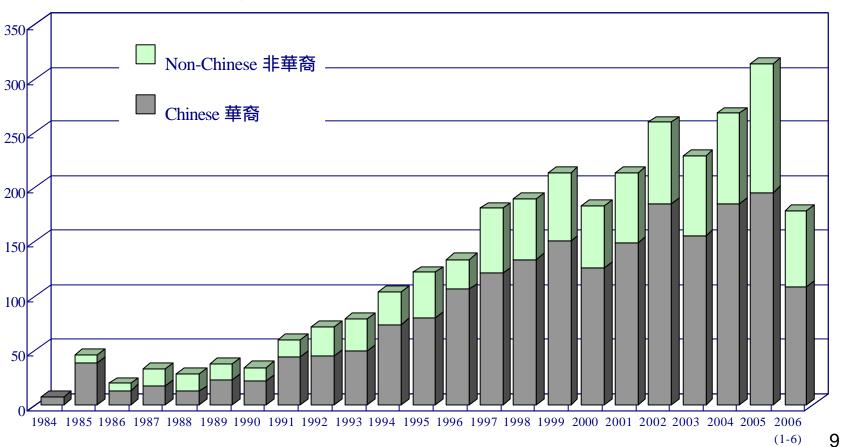
# **Ethnicity of reported HIV** infection

感染愛滋病病毒人士之族裔分佈 1984 – June 2006 (N=3004)



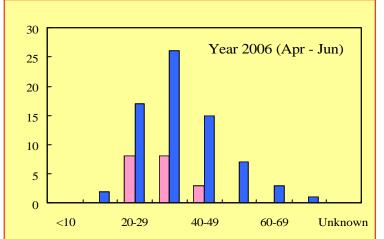
Year 2006 (Apr-Jun)

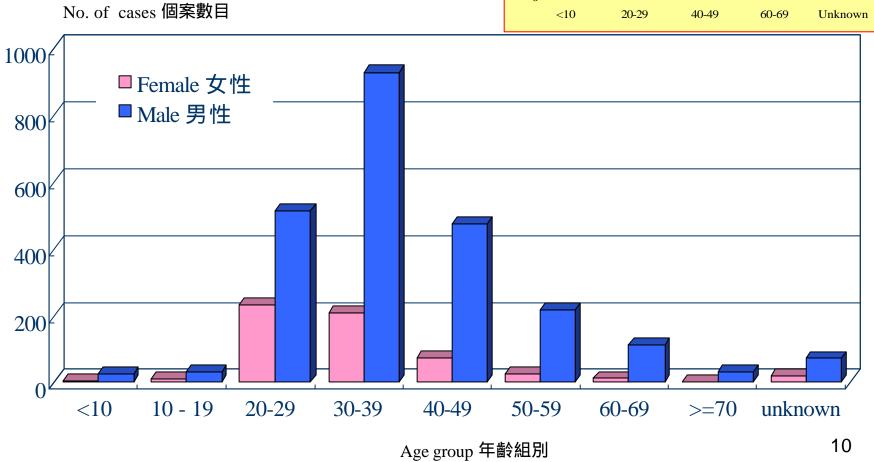




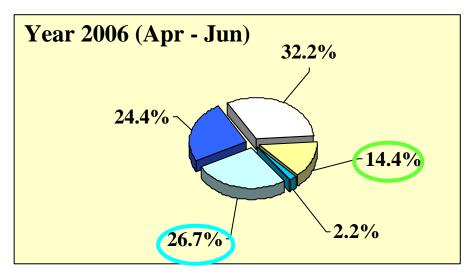
# Age group and gender of reported HIV infection

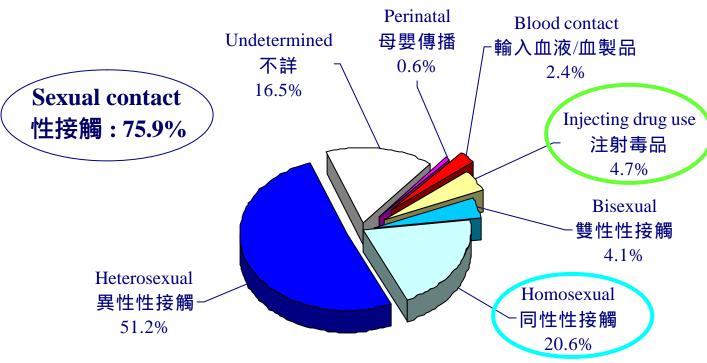
感染愛滋病病毒人士之年齡及性別分佈 1984 – June 2006 (N=3004)



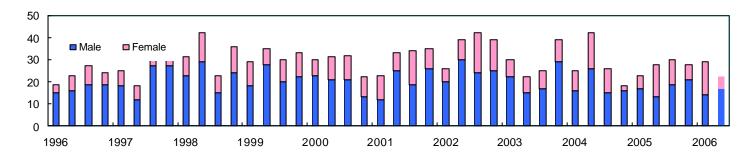


# Routes of transmission of HIV infection 感染愛滋病病毒人士之傳染途徑



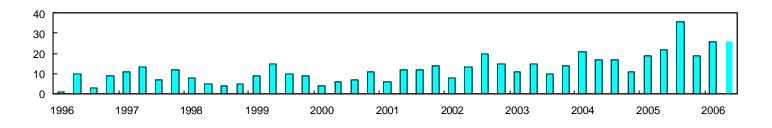


#### Heterosexual transmission 異性性接觸感染個案



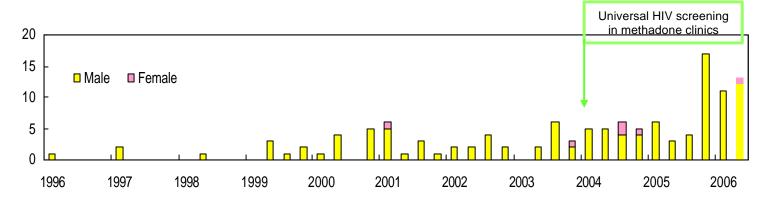
No. of reports remains at a stable level 報告數保持平穩

#### MSM transmission 男男性接觸感染個案



No. of reports stays at a high level 報告數維持高水 平

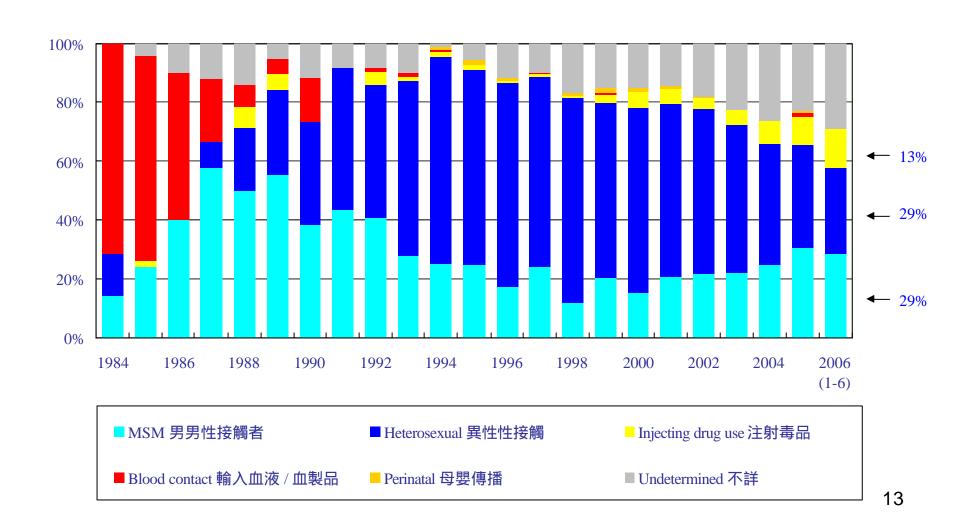
#### Transmission through injecting drug use 因注射用藥感染個案



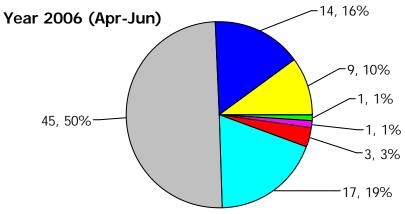
No. of report stable stays high 報告數維 持高水平

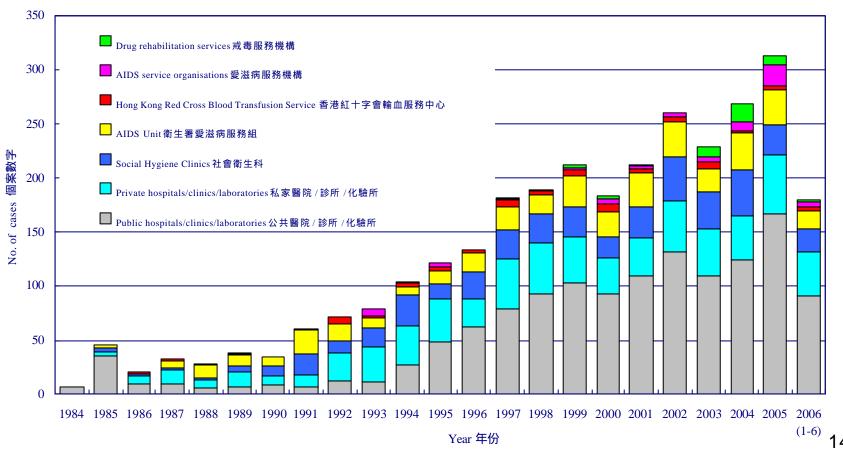
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#### Route of transmission of HIV infection 香港每年感染愛滋病病毒人士之傳染途徑分佈 1984 – June 2006, Hong Kong (N=3004)



Source of referral of HIV infection 香港每年感染愛滋病病毒人士之轉 介來源分佈 1984 – June 2006, Hong Kong (N=3004)





# Natural course of HIV infection 愛滋病病毒感染的自然進程

- Without treatment, about half of the infected people will progress to AIDS in ten years' time
   若沒有接受治療,約一半受感染人士會於十年內發病成為愛滋病患者
- AIDS is characterised by development of major clinical complications, e.g. opportunistic infections, cancers, related to the underlying immunosuppression 愛滋病表示因抵抗力下降,出現了嚴重的併發症,例如伺機性感染、惡性腫瘤。
- HIV alone AIDS; HIV + AIDS-defining illness = AIDS
   愛滋病病毒感染 愛滋病;
   愛滋病病毒感染 + 愛滋病界定疾病 = 愛滋病

HIV alone AIDS;

AIDS = HIV + AIDS-defining illness

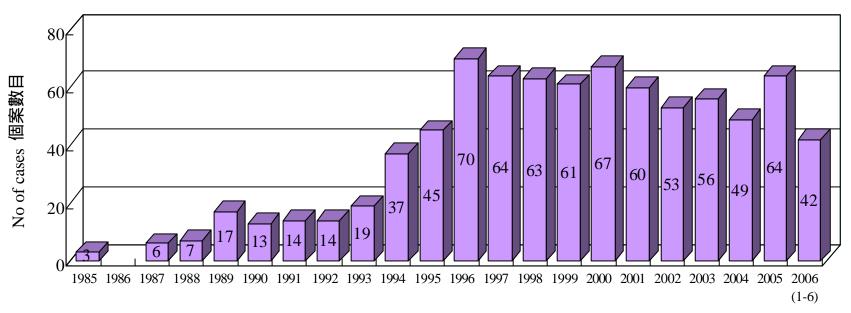
愛滋病病毒感染 愛滋病; 愛滋病 = 愛滋病病毒感染 + 愛滋病 界定疾病

#### Yearly statistics on AIDS 每年愛滋病統計 1985 – June 2006 (N = 824)

# Three commonest AIDS – defining illnesses

- 三種最常見愛滋病界定疾病
- •PCP 肺囊蟲肺炎 40%\*(39%)
- •Tuberculosis 結核病 24%\*(24%)
- Fungal infections 真菌感染 24%\*(19%)

\*2006 (Apr-Jun) figures (cumulative from 1984-June 2006)



Year 年份 17

In second quarter of 2006, 73% of the newly reported HIV cases were managed at specialist services 二零零六年第二季百分之七十三的新呈報受感染個案在專科服務接受治療

二零零五年底, 愛滋病病毒感染/愛滋病 呈報表格(DH 2293)作出修改, 新增加 估計感染地區

Reporting physician are requested to fill in 'suspected place of HIV infection' in the revised physician reporting form, which has been in use since late 2005

# 估計愛滋病病毒感染地區 Suspected location of HIV infection

- 二零零六年上半年共有179 新愛滋病病毒感染呈報個案
   A total of 179 reports of HIV infection reported in Jan Jun 2006
- 當中 72%, 即131 個案 收到由醫生填寫的愛滋病病毒感染/愛滋病呈報表格 (DH2293)

Among them, 131(73%) have been reported by physicians using standard reporting form

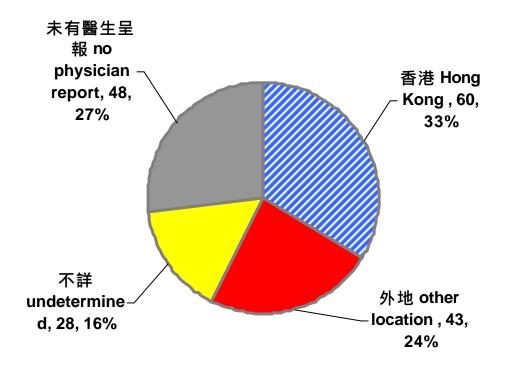
• 而未有醫生呈報的個案較多由私家醫院/診所/化驗所呈報,個案亦較多為女性或 非華人

Cases that were not reported by physicians are more likely to be female and non-Chinese. They were mostly tested positive in the private hospital / clinics / laboratories

數據分析上的限制
 Limitations of data quality and analysis

## 估計愛滋病病毒感染地區 Suspected location of HIV infection

**Jan – Jun 2006, Hong Kong (N=179)** 



愛滋病病毒感染在本地及外地同樣發生,如中國大陸及東南亞等國家 HIV infections occur both locally and elsewhere, such as China and countries in Southeast Asia (most commonly reported)

愛滋病疫情在鄰近國家較嚴重 HIV is more common in other countries

無論身在何地,都要採取安全措施預防感染愛滋病病毒

Precautions should always be taken to prevent getting HIV infection no matter in which locations

正確使用安全套
Use a condom for safer sex
不要共用注射器具
Do not share injecting equipments

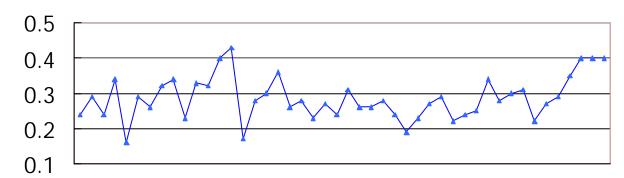
#### 政府公共衛生檢測中心愛滋病病毒抗體測試數目

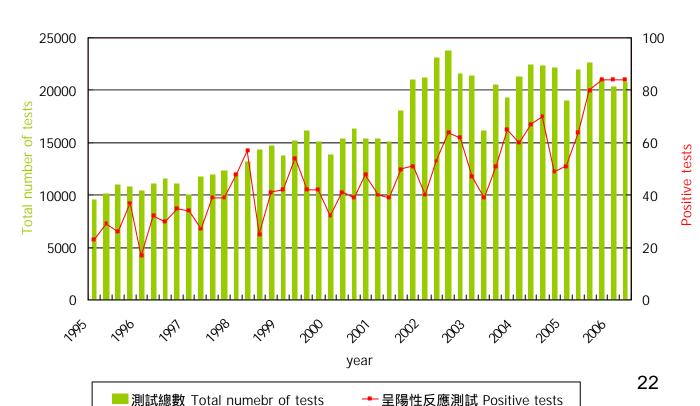
Number of HIV tests performed by Government Public Health Laboratory

→ 呈陽性百分比 % positive

政府公共衛生檢測中心愛滋病病毒抗體測試數目穩定,但過去一年呈陽性反應測試數量有上升

Number of tests performed by Government Public Health Laboratory remains stable, though more positive cases are picked up since last year





## Summary 撮要

- 90 HIV infection were reported to DH in the second quarter 2006 本季度衛生署共收到九十個愛滋病病毒感染個案
- 25 AIDS reports were received, a stable level in the past few years 本季有二十五宗愛滋病呈報,數字維持穩定水平
- Both hetero-sexual and MSM transmission are important modes of HIV spread in Hong Kong.
  在香港,異性性接觸及男男性接觸是主要的愛滋病病毒傳播途徑
- A significant proportion of infections are believed to be acquired outside Hong Kong.

部份呈報個案相信於外地進行高風險行為而感染愛滋病病毒

#### THREE KEY MESSAGES 三 個 重 要 訊 息

- Use a condom for safer sex 採取預防措施,正確使用安全套
- Break the needle habit; Methadone does it 要 美 沙 酮 , 不 要 針 筒
- Go for blood test: 27802211 致電愛滋熱線二七八零二二一一 接受愛滋病病毒抗體測試

Precautions should be taken locally or elsewhere 無論在本港或外地均應採取預防措施



www.aids.gov.hk