

Local **HIV/AIDS** situation

—— **1st half of 2026** ——

Special Preventive Programme

Centre for Health Protection, Department of Health



衛生署
Department of Health



衛生防護中心
Centre for Health Protection

HIV infection alone ≠ AIDS

HIV infection

- HIV targets and kills CD4 cells of the immune system
- Some people have no symptoms at the early phase of HIV infection
- The only way to know if one has HIV is to get tested
- Early drug treatment effectively suppresses viral replication

AIDS

- Immunity worsens over time if the infection is left untreated
- AIDS is defined as having opportunistic infections and certain types of cancers among those with HIV
- Early HIV treatment effectively prevents progression to AIDS

Routes of HIV transmission



Sexual contact

Heterosexual / homosexual
encounter



Blood contact

Contaminated blood / organ /
needles
Sharing of injection equipment



Mother-to-child transmission

During pregnancy, delivery or
breastfeeding



Late presentation

a matter of grave concern, adverse impacts on the individual and society

Late presentation: A person has already developed AIDS or has a very low CD4 lymphocyte count (less than 200 cells/ μ L) at the time of HIV diagnosis

Poorer

Recovery of immune
function

> 10 times

Mortality rate

3.5 times

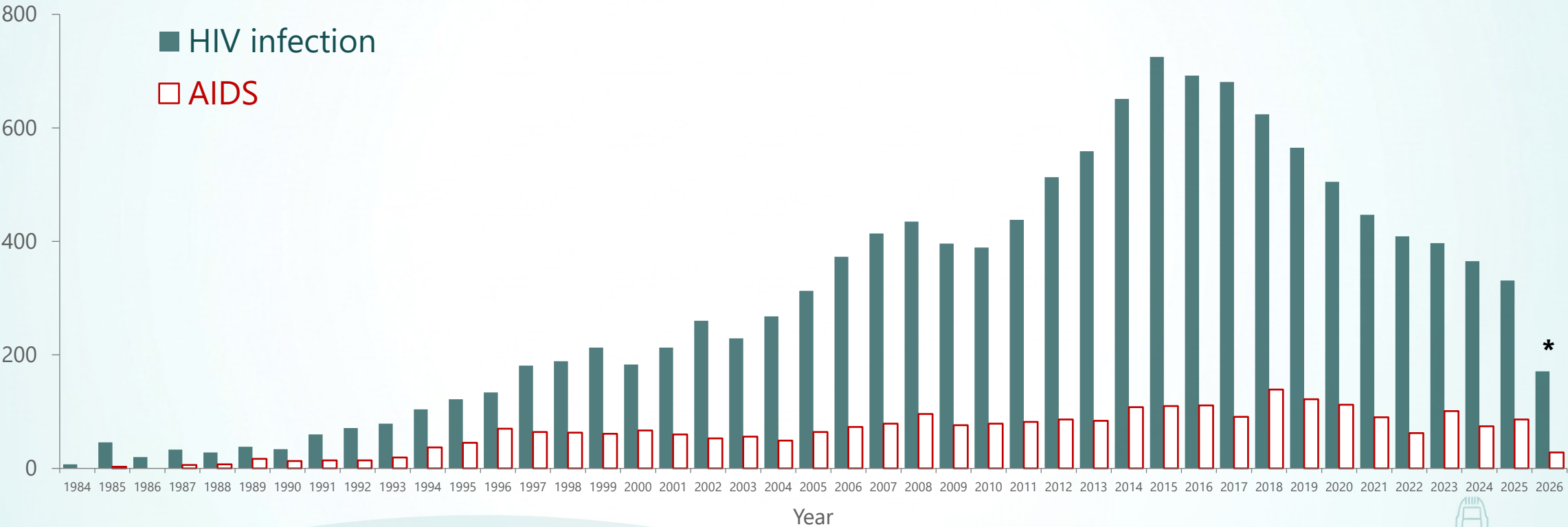
Risk of opportunistic
infection

3.5 times

Risk of transmission
in the community

Annual number of reported HIV/AIDS cases in Hong Kong

Annual number of reported cases



* As of 30 June 2026



HIV/AIDS Situation at a Glance (First half of 2026)

Total number of reported case

- Gender
- Age
- Ethnicity
- Route of transmission
 - › Homosexual/Bisexual
 - › Heterosexual
 - › Injecting drug use
 - › Others

Cases with incomplete information are not included

HIV infection

171

143 (man)

28 (woman)

19-80 years old

111 (Chinese)

32 (non-Chinese)

94

46

1

0

Cumulative since 1984

12,905

AIDS

28

24 (man)

4 (woman)

26-79 years old

23 (Chinese)

5 (non-Chinese)

13

14

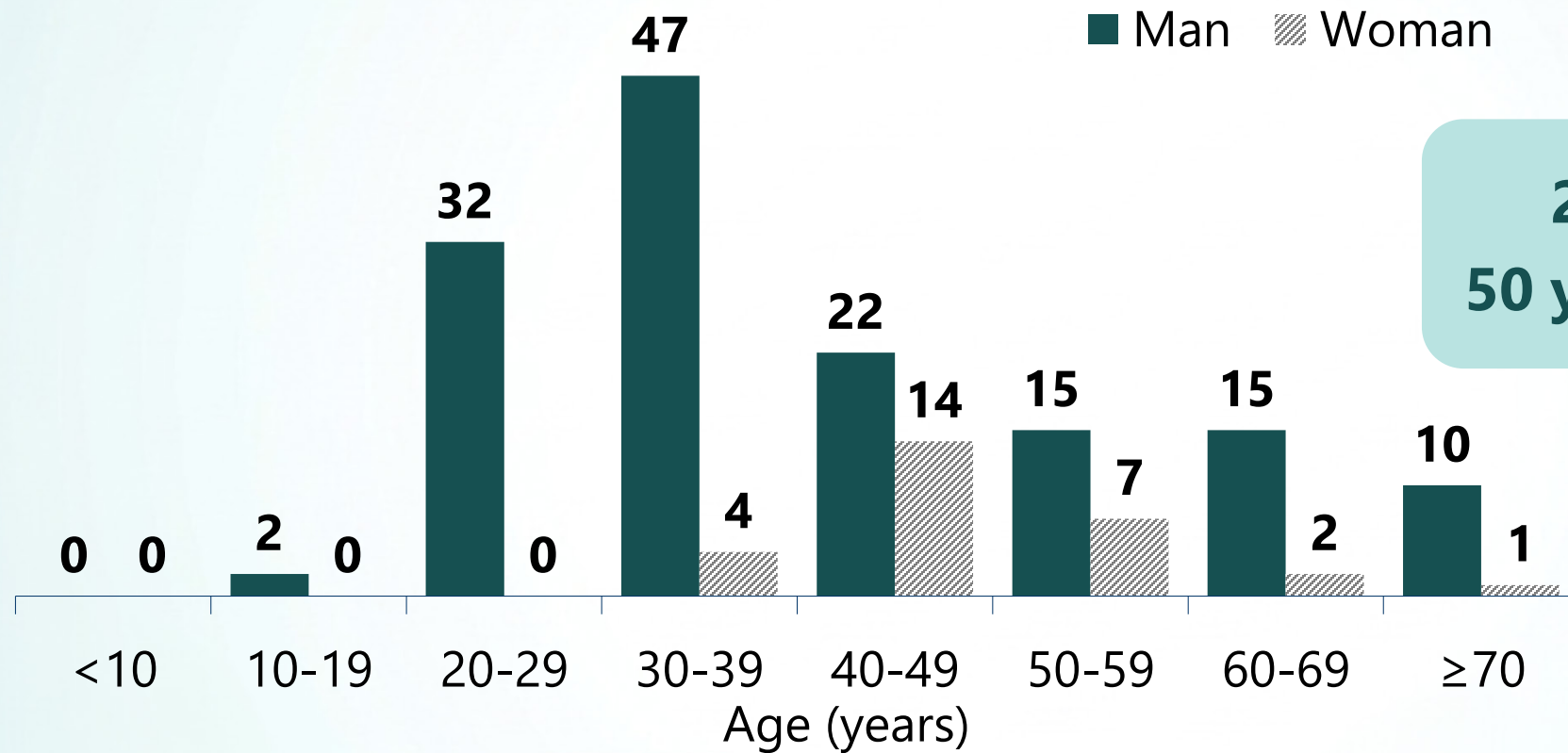
0

0

Cumulative since 1985

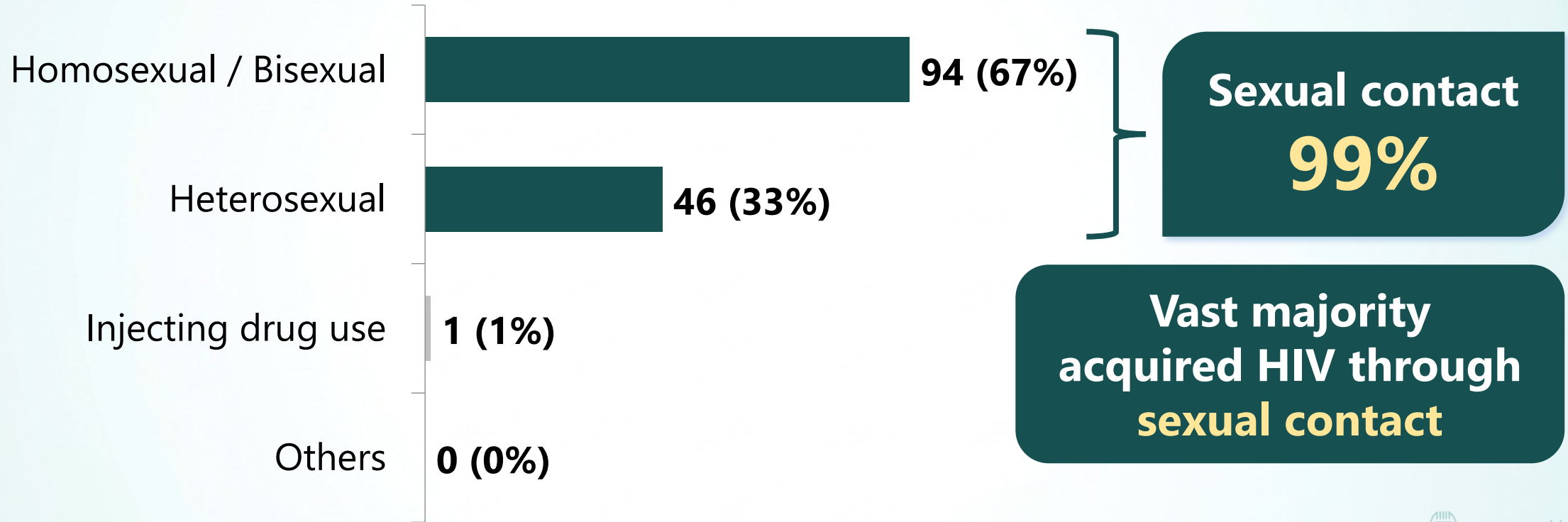
2,671

Age-gender distribution of newly reported HIV cases



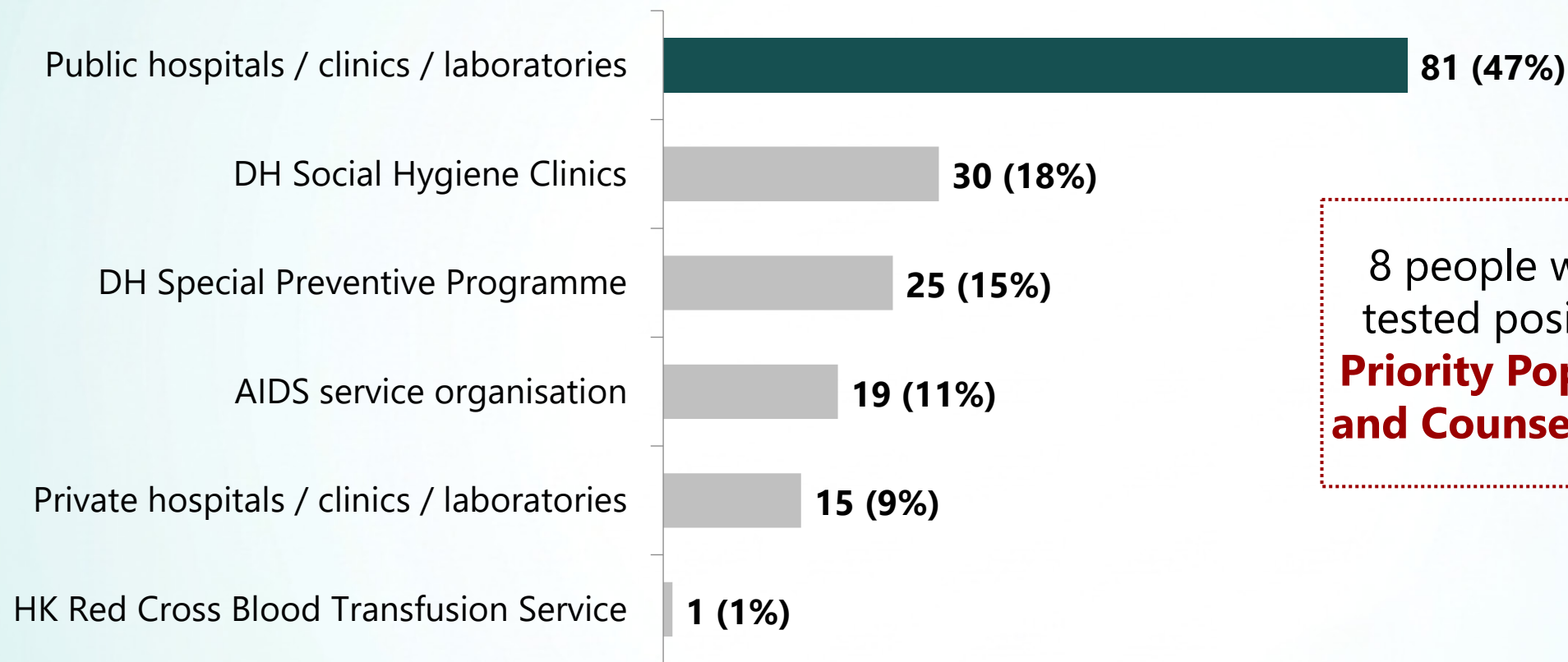
20-49 years: ~70%
50 years or above: ~30%

Route of transmission of newly reported HIV cases



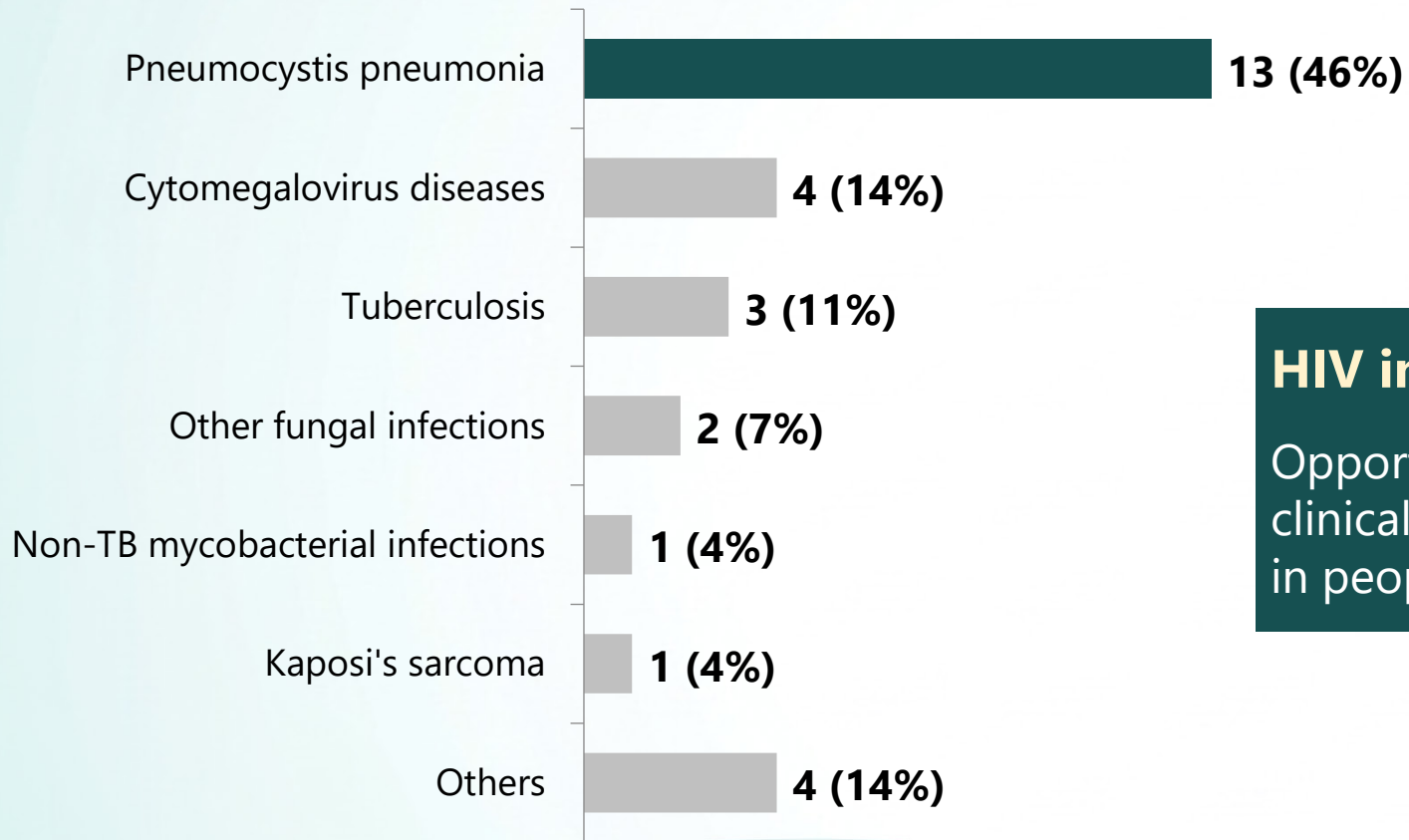
The routes of transmission of the remaining 30 cases have yet to be determined.
The percentage may not add up to 100% due to rounding.

Reporting source of newly reported HIV cases



8 people were preliminarily tested positive through the **Priority Populations Testing and Counselling Programme**

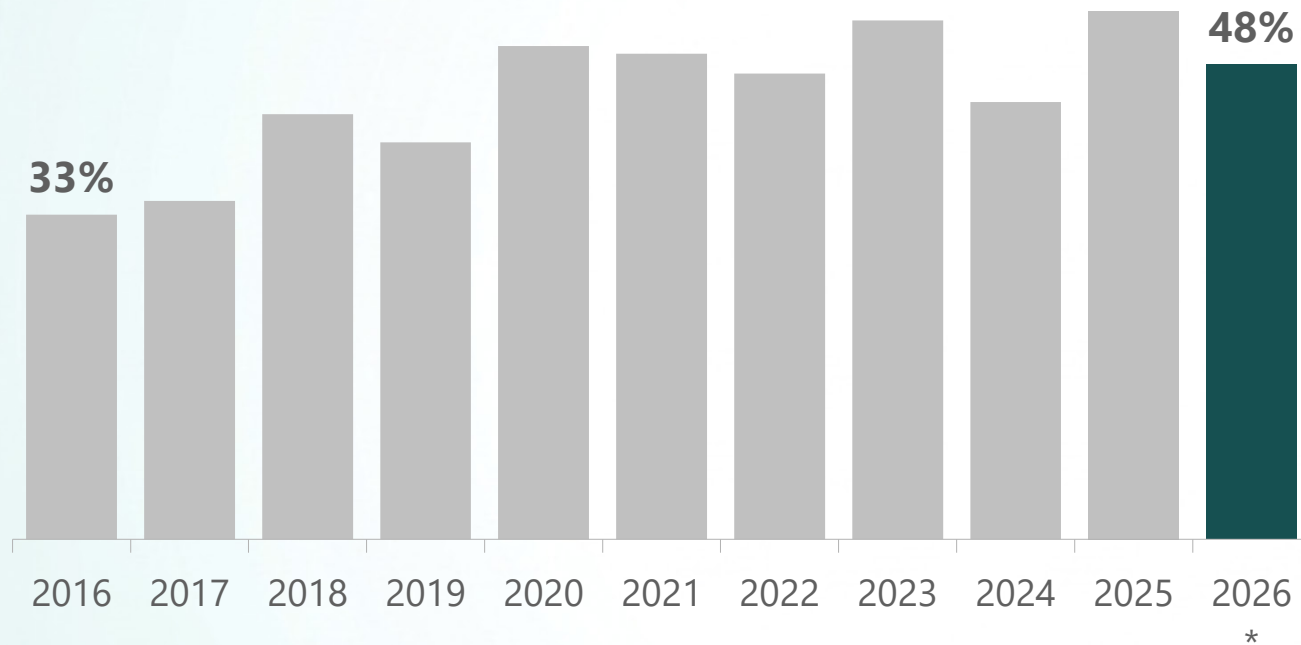
AIDS-defining illness of newly reported AIDS cases



HIV infection + AIDS-defining illness = AIDS

Opportunistic infections and cancers are major clinical complications related to immunodeficiency in people with HIV, indicative of progression to AIDS

Proportion of late presenters among newly reported HIV cases



The proportion of late presenters has remained high at around **50%** in recent years

Around **80%** of late presenters have never had HIV testing before

Risk category of newly reported HIV cases and the corresponding proportion of late presenters

	Higher-risk populations (eg. men who have sex with men, people who inject drugs, sex workers)	Persons at general risk (mostly heterosexuals)
Among newly reported cases	66%	34%
Proportion of late presenters	40%	66%

* As of 30 June 2026

Early testing enables early identification and treatment

Protecting you and your partner

People who have had sex, irrespective of age and sexual orientation, should get HIV testing at least once to keep track of their health status

HIV infection is a manageable chronic disease. Early drug treatment helps prevent the progression to AIDS and other complications, increasing the chance of survival significantly



Undetectable = Untransmittable

Those who achieve an **undetectable** level of virus in blood while on treatment will **not** transmit the virus through sex

Access to HIV testing

掌握自己狀況
為健康行多一步

AIDS Hotline

2780 2211 (Free, Anonymous, Confidential)

HIV Testing Service website

Visit www.hivtest.gov.hk to order an HIV self-test kit, or make an appointment for a free, anonymous and confidential HIV antibody test

Social Hygiene Clinics, Department of Health

Provides sexually transmitted infection testing, treatment and counselling services

Family doctors

Please consult your family doctors



Download the latest statistics



Virtual AIDS Office of Hong Kong

Department of Health

The Government of the Hong Kong Special Administrative Region

www.aids.gov.hk > **Statistics** > **Latest Statistics**

Latest Statistics

- [Summary table on the latest HIV/AIDS situation](#) **New**
- [A graph on HIV/AIDS Statistics in Hong Kong](#) **New**
- **Statistics Presentation**
 - [25/08/2026](#) **New**
 - [31/03/2026](#)
 - [26/08/2025](#)
 - [03/04/2025](#)
 - [Archives of past presentations . . .](#)

